**North Central District – APTA-WI**

**Tuesday October 8, 2024 Meeting Minutes**

**Videoconference via Zoom:** Chris Ashbeck (Chair), Ben Solheim (Vice Chair), Dave Smith (Secretary/Treasurer), Cindy Koehler (Membership APTA WI and NCD), Karna Sandok, Kate Bennett, Aaron Homolka, Jordan Krizan

**CE/Presentation/Discussion:** (after business portion) *Dual Tasking* led by **Ben Solheim**, PT, DPT, OCS, FAAOMPT

**Officer Reports:**

* Review and approval of minutes from prior meeting – (on website)
* Treasurer report– Dave Smith:
	+ $16,931 on 9/30; addition on approx. $3052 from Ethics CE
	+ $8,931 in excess of $8K to keep on hand in account to cover future CE offerings
	+ See Continuing Ed Committee notes below about specifics regarding Ethics CE

**Subcommittees/Representatives:**

* Executive Committee
	+ Updates – none now. APTA WI BOD this Friday 10/11/24
	+ APTA WI District Chairs meeting recap – Chris Ashbeck
		- Discussed decreased district involvement and CE attendance post-COVID
		- Current by-laws require 2 CEU’s per cycle and 1 business meeting/year
		- Thoughts/brainstorming/suggestions
			* Remove districts – no rationale given; not much support for this idea
			* Merge district for meetings – providing similar info about legislation, state activities, and CE
			* CEU – offer 2-4 collaborative events, CE Committees work together
		- NCD discussion
			* Do not dissolve districts esp rural like NCD
			* Fix problems of involvement vs skirting the by-laws
			* ? mentorship and membership programs – see below for more details
			* Can strong districts support hurting districts with funds, resources, mentorship ??
* Membership Committee: Cindy Koehler
	+ APTA-WI Membership Committee updates
		- Professional Development Committee
			* District Vice Chairs
			* Chairs of SIG’s (Special Interest Groups)
			* Local Planning Committee’s for APTA WI Conferences
		- Mentorship Program – set up mentors with first time conference attendees. Budget was for 15, struggled to get 5 for Fall Conference.
			* $80 discount for conference
			* Pre-conference mentor prep; mentor intro to attendee
			* Time spent together during conference
			* Goodie-bag from APTA WI, resource sheet, QR codes for links
			* Post-conference debriefing
		- Discussion: lose students once they lose their discounted rates 4 years after graduation. Can NCD provide scholarships for conference and mentorship program; scholarships for dues beyond graduation ?
	+ Membership for the district – most recent numbers
		- WI 2589, NCD 242 (130 PT, 95 SPT, 12 PTA, 5 SPTA)
		- Jan-Oct 2024: 22 new (2 PT, 18 SPT, 2 SPTA)
		- Mar-Aug 2024: 14 lost (5 PT, 2 SPT, 3 PTA, 4 – students losing rate discount)
		- Discussion: offer members 1 hour free Zoom CEU from any of the 7 districts each year
	+ Social after Ethics CE in Marshfield – a lot of fun but turnout small (Lynn Steffes and CE Committee and Dave). Free food/drink. Difficult on weeknight after 4-8 pm CE. Mostly local attendees only.
	+ Increasing NCD meeting attendance ideas. Easier to capture a captive audience, or audience already in a location (i.e. conference, at work)
		- Workday lunchtime meeting where therapists are already at work anyway. Managers present would be willing to coordinate for all staff to have lunch at same time. Limit to 1 hour!! Would limit CEU offering but already happening at some clinics with internal development.
* Education Committee: (Ben Solheim – Vice Chair, Kate Bennett, Karna Sandok, Nicki Quarne)
	+ Fall Ethics course was Sept 18, 4-8 pm. *Optimal Billing, Documentation & Compliance*, Lynn Steffes. In person at Marshfield Clinic Main campus, Marshfield and offered as a live webinar (online). Great feedback. Special thanks to Karna Sandok and Nicki Quarne!!!! Thanks to MCHS for hosting live course and providing online access.
	+ Fundraiser for PAC. NCD paid for food in exchange for individual donation in advance. Food cost $200. Review of financials for course: (approximates) Net income $3052. Gross $6900.Costs: $3199 speaker, $250 speaker hotel, $199 social, $200 food)
	+ Plans: Ethics course in March 2025 – possible CE from Mary Repking. Also, possible Tai Chi for PT intervention. Pass suggestions to Education Committee.

**Old Business:**

* UWSP DPT Program Updates
	+ CAPTE onsite visit recently – long process for accreditation; slow
* Legislative Updates: Prior Authorization Reform Legislation paused until next legislative session after November election. Look for a big push in 2025. We need your help!!!

**New Business:**

* Grand Rounds Presentations collaboration with UWSP DPT Program – Chris Ashbeck (per Sheri Bunyan at UWSP)
	+ Discussion about UWSP DPT Program and NCD involvement in Grand Rounds presentations by therapists of interesting patient cases to the UWSP program.
	+ PT’s would volunteer. Open to members in-person or virtual, or both??
	+ Could be a CEU offering for attendance (free) and revolve around district meetings**.**
	+ Discussion: members thought there would be interest. Thought about NCD offering financial support for speakers similar to stipend given for NCD meeting presenters??
* NCD Executive Committee will meet to discuss excess funds above $8K. Conference mentorship program scholarships, young PT/PTA membership scholarships for APTA WI membership dues, PAC fundraisers, funds for Grand Round speakers at UWSP/NCD meetings,

**Future Meetings: Note the meetings will be held on the SECOND Tuesday of the month in February, May, and October at 5:30 pm. Our next meeting date is February 11, 2025.**

Submitted by NCD Secretary Dave Smith

**CONTACTS:**

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**PT-PAC FUND:** <https://aptawi.org/political-action-committee/>

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